



INTERNATIONAL  
**A ROCHA**  
Conservation and Hope

Gifts with a Difference Catalogue 2017/2018



# Welcome to Gifts with a Difference!

Every item we sell offers a gift of hope for people and nature. So when you give a Gift with a Difference, you can make a real difference to over-worked women in Uganda, some of the world's rarest birds in Kenya or vulnerable children in Peru.

Visit [shop.arocha.org](http://shop.arocha.org) to order a gift directly from our online catalogue. You will automatically receive a link to download an e-card. For each item over S\$10 you order, you can also receive a printed card mailed either to you or the gift recipient. Simply add our [free printed gift card](#) to your basket. International delivery charges apply.

Nalubula Madiina Ssememina lives in Nalukolongo village, Uganda. She attended an A Rocha sack gardening workshop and now has two sack gardens. She used to spend 1,500 shillings on vegetables every time she cooked, but by growing her own, she saves 30,000 shillings each month. She invests the money she saves in her hair salon and so it brings in a better income, enabling her to support herself and her young daughter. (Craig Mercer)

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## Fuel-efficient cook stove, Uganda

Cook stoves dramatically improve indoor air quality – improving health and saving money or time that would otherwise be spent on purchasing or collecting fuel wood. The environment benefits too, by helping to reduce emissions and save trees from being cut down.

Ref: 246 Small: S\$18; Medium: S\$20; Large: S\$30

## Fireless cooker, Uganda

Fireless cookers can cut cooking time in half, reducing fuel use, saving trees and saving money for families in Uganda.

Ref: 160 Small: S\$45; Large: S\$50

Add on a [fireless cooker training day](#), allowing 10 people to learn how to make their own. Ref: 231 S\$60

## Charcoal briquettes, Uganda

Train 10 women to make briquettes using free and readily available waste material. It will save trees from being cut down for charcoal production and money that can be spent on other essentials. Ref: 162 S\$40







## Bio-sand water filter, Uganda

Bio-sand water filters reduce deforestation and help to provide clean, safe drinking water for communities in Kampala. Based on a cheap and easy-to-use technology, the filters remove 99% of pathogens and parasites from any water source without the need for chemical treatment or boiling. **Ref: 67 S\$125**

Add on five days of **bio-sand water filter training**, allowing an entrepreneur to learn how to construct their own: **Ref: 134 S\$50**



## Beehive, Kenya

Give a farmer in Dakatcha Woodland Important Bird Area a hive and beekeeping training, equipping a sustainable source of income using the forest's rich resources. **Ref: 287 S\$150**

## Guinea pig rearing, Peru

Helping 'at risk' children in a Peruvian youth club to breed, care for and sell guinea pigs, provides a sustainable source of income for the project, and helps the children learn new skills, developing their confidence and self-esteem.

Your gift will enable a child to look after a guinea pig for six months. **Ref: 141 S\$80**



## Camping out with ASSETS, Kenya

Give a Kenyan student the opportunity to attend an ASSETS camp: a unique adventure, discovering the wildlife of the local coral reefs and rockpools, dry coastal forests and mangrove-fringed creeks. (David Jenner)

**Ref: 281 S\$40**



## Sack gardening, Uganda

Sack gardens offer families a way to grow their own vegetables where space is limited or where flooding is frequent. Gardening provides a healthier diet, and brings people closer to nature.

Give one day of training, allowing 10 people to learn how to make and care for their sack gardens. **Ref: 168 S\$30**





## Planting 100 trees, Kenya

By planting trees, ASSETS beneficiaries can actively help to restore degraded areas of the threatened dry coastal forest ecosystem. They can help improve the local soil and water quality and they can help provide a safe habitat for wildlife.

Ref: 292 S\$80

## Tree-nursery training day, Uganda

Train 10 community members around Kampala to prepare seedbeds and create their own tree nurseries. The trees help to mitigate against climate change and provide a source of income for the family.

Ref: 228 S\$35

## Only S\$10 Planting 10 trees

For just S\$10, you can enable ASSETS beneficiaries to plant 10 trees in and around the Arabuko-Sokoke Forest!



## More to give?

Gifts with a Difference can be adapted to fit any occasion or budget. Perhaps your church or group would like a special project to support? The following show just a few examples of the difference you could make to people and nature. To discuss any of these, please contact us on [giving@arocha.org](mailto:giving@arocha.org)

## Bio-sand filter training for a church or community, Uganda

Invest in a community with five days of training, allowing 30 people in Uganda to learn how to construct bio-sand water filters, as well as giving five filters for use by the church or community members. Participation can offer 150 people access to clean, safe drinking water, save €4,700 in charcoal costs and medical fees and prevent 90 trees from being cut down each year.

Ref: 564 S\$2,000



## Bees and trees, Kenya

A Rocha Kenya's beekeeping programme is working with 100 farmers across five villages in Dakatcha Woodland. Equip a representative from each village with a beehive and training, and enable ASSETS beneficiaries to plant 250 native trees in and around the nearby Arabuko-Sokoke Forest. Ref: 563 S\$1,000

## Forest restoration, Kenya

Enable ASSETS beneficiaries to plant 1,250 native trees in and around the Arabuko-Sokoke Forest to restore degraded areas of this threatened dry coastal forest ecosystem.

Ref: 567 S\$1,000



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